Multidimensional Research on the Friendly Values Education of Teenagers

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***Abstract**: Friendliness is an important part of the socialist core values at the individual level, so it is necessary to strengthen the education of friendliness among teenagers. The study found that the main factors affecting the friendly education of adolescents are personal factors, family factors, school factors and social factors. To strengthen the friendly education of teenagers, we should make efforts in three aspects: to innovate and develop the traditional friendly ideology and culture; to open up and optimize the three-dimensional space of friendly education; and to establish and implement the long-term mechanism of friendly education.*

***Key words**: Youth; Friendliness; Education*

The Importance of Strengthening the Friendly Values Education of Teenagers

There are three levels of socialist core values: national level: prosperity, democracy, civilization and harmony; social level: freedom, equality, justice and the rule of law; personal level: patriotism, dedication, integrity and friendliness. Cultivating and practicing the socialist core values is the realistic choice to promote the healthy growth of young people. Friendliness is an important part of socialist core values, and it is very important to strengthen the education of friendliness among teenagers. On the one hand, teenagers represent the future of the motherland and the hope of the nation. Whether they can establish friendly values is not only related to the achievement of the goal of school moral education, but also related to the future value choice and value realization of individuals. On the other hand, in recent years, campus bullying has occurred frequently. Strengthening the friendly education of teenagers is a good medicine to prevent campus bullying.

Comprehensive Factors Influencing the Friendly Values Education of Teenagers

The main factors influencing the friendly education of teenagers are personal factors, family factors, school factors and social factors.

Personal factors

The law of teenagers' physical and mental development is the internal factor that influences the education of teenagers' friendly value.

First, the immature level of personal cognitive development affects the friendly education of teenagers. Piaget, an American psychologist, put forward the theory of children's cognitive development through a large number of experiments. The theory divides individual cognition into four stages: perceptual movement stage (0-2 years old), pre operation stage (2-7 years old), concrete operation stage (7-11 years old), and formal operation stage (11-16 years old). Teenagers are in the stage of concrete operation and formal operation. At this stage, they have abstract logical thinking and do not abide by the rules. If the rules do not conform to the facts, they will violate the rules. In real life, they often think that the traditional values have gone out of date, for example, helping others is regarded as something that fools do; doing something bad and taking the initiative is smart. Although they have some abstract logical thinking, they are not strong, and their understanding of things remains on the surface. The lack of understanding leads them to face the bad temptation and easily do things contrary to friendliness.

Second, the limited level of personal moral development affects the friendly education of teenagers. According to the moral development theory of three levels and six stages put forward by American psychologist Kohlberg. Teenagers are in the second level, that is, the custom level, the third and fourth stages, among which the teenagers in the third stage think that what they are right is that they are expected to comply with their role as children, friends and classmates. The right reason is that when a person puts himself in other's shoes and cares for others, he wants to have good behavior. Young people in the fourth stage believe that what is right is to fulfill the obligations committed by individuals and strictly abide by the law; at the same time, it also includes making contributions to society, groups or institutions. The reason for this is that we are committed to making institutions work as a whole social perspective.

Kohlberg believes that moral education for teenagers is mainly to promote the development of teenagers' moral judgment ability. He also put forward the "moral dilemma method" according to the stage of the development of teenagers' moral cognition. "Moral dilemma" means to inspire teenagers to think about moral problems actively and find correct answers from moral conflicts in the discussion of moral dilemma stories, so as to effectively develop children's moral judgment. On the contrary, the current moral education, whether family education or school education, despite the recognition of the importance of moral development, but due to the improper moral education methods adopted, the level of moral development of teenagers is limited, hindering the development of moral level of teenagers.

Family factors

It is very important for families to educate their children in morality. Many qualities of teenagers are developed in the family. To strengthen the friendly education of teenagers, the family plays an irreplaceable role.

On the one hand, the change of family structure enhances the self-consciousness of teenagers. With the development of the times, people's family structure has changed a lot, many families have only one child. Many people abandon the traditional concept of "more children, more blessings", accept the idea of "fewer and better children", do not pursue the number of children, and focus on improving the quality of children's development. Many teenagers grow up with several adults. Over time, some teenagers have formed a "self-centered" personality, which shows that they seldom care about other people's feelings, are self-centered and have strong jealousy. When they communicate with others, they first consider themselves.

On the other hand, generation separation leads to emotional alienation between teenagers and their parents. In recent years, the number of migrant workers has increased. In some backward areas, many teenagers live with grandparents. There are also some teenagers who get together with their parents once a few weeks due to reasons such as staying in school or trusteeship. Children communicate less with their parents, and their feelings are alienated. Chen Heqin pointed out that: "the family education received by teenagers is related to the development of human life and has a positive role in laying a solid foundation". Family is the first school for children, parents are the first teachers of children, and the education for teenagers starts from family. Parents' education plays an important role in forming correct values for children. The estrangement between many children and their parents is a lack of special education resources.

School factors

School education is the main position of youth friendly education and plays a fundamental role.

Firstly, there is no fundamental change in the concept of exam oriented education in school education. Since ancient times, people have the concept of "learning is the best", and exam oriented education is born under the concept of traditional education. In order to eliminate the thought of examination oriented education, at the end of last century, China began to implement quality education. Under the guidance of the "baton" of the entrance examination, the most obvious feature in the examination oriented Education - score has become the standard to measure whether the young people are excellent or not, and has become the guidance of teachers' teaching quality. Many school teachers still adhere to the concept of "scores, the lifeblood of teenagers; tests， the magic weapon of teachers", emphasizing "intellectual education" and ignoring "moral education".

Secondly, the campus environment lacks moral education atmosphere. The school spirit, study style and the level of spiritual civilization construction of a school can be reflected in the campus environment. The high-quality campus environment has four functions for teenagers, that is, guiding function, encouraging function, standardizing function and edifying function. The survey found that many schools pay more attention to the beautification of the natural environment, but do not pay attention to the construction of cultural atmosphere. It is mainly reflected in that, in order to keep the classroom, dormitory, corridor, wall and other spaces clean, there is no word or picture; cultural exchange base, traditional exhibition, blackboard newspaper and other forms are not found, "everywhere is culture, everything is education" atmosphere has not yet formed.

Social factors

The quality of social atmosphere has a direct impact on the formation and development of people's ideological quality and values. In society, the main factors that affect the friendly education of teenagers are the misleading and temptation of the network media. "Onlookers" is a popular network word, that is, when a hot event appears in the society, many netizens pay attention to it, and express their own views and comments. Some netizens don't know the truth and are driven by curiosity. They try their best to seek the truth. Once someone "publishes" the so-called truth, the people who want to know the truth will join in, thus forming a kind of communication force, which brings illusion to the teenagers. The teenagers are limited by life experience, easily misled by the network media, and form a wrong idea. Some teenagers who have poor self-control are over addicted to online games, lack of emotional communication between people in the real world, can't distinguish the difference between the virtual world and the real world, even can't adapt to

the real world, the social communication ability is weakened, the interpersonal relationship is increasingly indifferent, which brings great impact on friendly education.

Exploring the Multiple Paths of Teenagers' Friendly Values Education

There are multiple ways to strengthen the friendly education of teenagers. We should try our best from the following three aspects.

Innovation and development: traditional friendly thought and culture

Chinese traditional thought and culture contains rich gene of friendly culture. It has the life state of "good as water, good as material", the earnest instruction of "don't take evil as small, don't take good as small", the fine character of "advocating morality, good", "thinking about the good together", the deep introspection of "choose the good and follow it, and change the bad", as well as "expend the respect of the aged in one's family to that of other families; expend the love of the young ones in one's family to that of other families", etc. They are all marked with distinct traditional cultural background, and are valuable resources for friendly education.

It is the most direct embodiment of creative transformation and innovative development of traditional culture to make use of traditional friendly ideology and culture and strengthen friendly education. For example, reciting the classics of Chinese learning, focusing on the eyes, out of the mouth, listening to the ears, and remembering in the heart is a complex process of ideological and emotional experience and identification. Emotional recitation enables students to receive subtle ideological education in the experience of the author's thoughts and feelings. You can also interpret classical stories, for example, let students interpret modern versions of classical stories such as "Kong Rong give away bigger pears", "Huang Xiang warm bed", and experience and feel the happiness brought by friendliness in the activity. It should be pointed out that the traditional friendly ideology and culture inevitably bear the branding of the feudal era. We should take the essence, remove the dross, make the past serve the present and bring forth the new to bring forth the new, linking the tradition, the present and the future, and on the basis of inheriting the tradition, facing the future and innovating development.

Development and optimization: three dimensional space of friendly education

All social life is practical in nature. Any form of education is inseparable from concrete practice. Friendly education should be based on practice, including family, school, society and network media. Among them, family is the starting point of the whole education of life. Parents are the first teachers of children. Parents should actively create a democratic and equal family atmosphere, set an example, respect the old and love the young, love each other, and set an example for children. School is the main position for children to receive education. Friendly education should be organically integrated into classroom teaching and campus environment. As a guide for students to develop their character, teachers should infect students with practical actions, influence students, walk into students' soul and be good teachers and friends. The network is the carrier of friendly education. It can purify the network environment, spread positive energy, and make the network the second space of friendly education. Society is the testing ground and final destination of friendly education. Everyone is not only a friendly educator, but also an educator. Everyone's words and deeds have

educational significance. The so-called "good words are warm in three winters, and vicious words hurt people in June". In public space, we should pay attention to personal words and deeds. As a social vane, the network media should create an atmosphere conducive to friendly education, and make doing good, being happy and promoting good become the main theme of the society.

Establishment and implementation: long-term mechanism of friendly education

Friendly education is not achieved overnight, but a systematic and long-term project, which needs long-term mechanism as guarantee. On the one hand, it is necessary to establish a tangible long-term mechanism, including the incentive mechanism, evaluation mechanism, operation mechanism and funding support mechanism of friendly education; on the other hand, it is also necessary to form an intangible long-term mechanism, including the civilized social style, family style and school spirit, so that friendly education, like the air, is everywhere and everywhere, moistening the heart of every teenager. The physical and mental development of teenagers has a certain sequence on the whole, which is a continuous development process from low level to high level, from quantitative to qualitative. The friendly education of teenagers should go through a gradual process of knowing, feeling, meaning and action. All links should adhere to the principle of from concrete to abstract, from shallow to deep, from simple to complex, so that friendly education will be more effective.

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