Reflections on the management of college counselors' guidance to students based on constructivism theory

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Abstract: *With the diversified development of social thought and culture, the work of college students is facing new challenges and new problems. How to help college students correctly deal with academic problems, employment problems, psychological problems, help college students grow up, become the new requirements of the work of counselors in the new period. This paper combines the theory of constructivism with student management work, and explores the practical content of student work under constructivism based on the author's own practice, so as to open up ideas and provide some reference for college counselors to carry out student management work.*

Keywords:*Constructivism theory; Student management; The counselor*

The overview of constructivism learning theory

Constructivism learning theory holds that knowledge is not acquired by teachers, but by means of meaning construction with the help of others in the process of learning under certain circumstances. The essential elements of constructivism are context, collaboration, conversation and meaning construction. In theoretical learning, students do not simply accept the knowledge conveyed by teachers. In student activities, it is also not the movement of receiving messages and completing tasks mechanized. But as for the students under certain situations, let its independently collaboration with fellow teachers, and take the initiative to gather information, learning and activities to obtain necessary resources, through to the outside information selection, processing, processing, and integrated approach, meaning construction, in order to gain new knowledge, construct their understanding of the problem.[1]

The importance of constructivism learning theory in student management

It helps to build a student-oriented management mode

At present, there are three main definitions of student management in colleges and universities. Firstly, from the perspective of managers, the management object is defined as the college of students, which is collectively referred to as student management. Secondly, it is defined by the content of student management and summarized as student daily affairs management. Finally, formally defined by functional departments, the departments directly involved in student work guide students, namely, student management. [2] Most scholars

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agree that the definition of student management is a comprehensive statement. Student work refers to those directly affecting students and being engaged in by specialized institutions and personnel. To develop, train and improve students' political, ideological, moral, psychological and character qualities and guide students' correct behavior in a purposefully, planned and organized way.[3]

In general, the current college student management is more focused on top-down management. Generally, notice and instruction are given by the functional office directly involved in student management, and the instructor is responsible for leading students to complete the corresponding tasks, which leads to the replacement of students' main position in the activity, and the weakening of the cultivation of students' ability to participate in activities and explore independently. The combination of constructivism and student management is helpful to change the traditional role of teachers and students, so that students' dominant position can be fully reflected. [4]

It helps to develop a work style centered on creating situations

Karl Heinrich Marx believed that man creates the environment, and the environment also creates man. Living environment determines a person's development direction to some extent. Campus environment is the necessary carrier for college students to grow up, which directly affects the establishment of students' good moral accomplishment and the cultivation of healthy personality. Constructivism holds that people should learn under certain circumstances, and only by means of "assimilation" and "adaptation" can they construct the meaning of the new knowledge they learn. For college students, it is particularly important to study and live in universities with relatively excellent cultural atmosphere, obtain learning resources and materials by means of meaning construction, and improve their comprehensive quality. Constructivism theory can guide students to make great efforts in the aspects of situation and atmosphere in management work, and subtly influence students by improving the living environment. [5]

The Approach of student management from the perspective of constructivism learning theory

Create a good education atmosphere and create a student-centered work situation

Environment plays a crucial role in the growth of a person. People who grow up in different environments and atmographies are very different. Counselors shoulder the important mission of "cultivating morality and cultivating people", which is a great and arduous task, and can not be accomplished simply by conveying notices, assigning tasks or teaching methods. The author summarized the practice, counselors can carry out the Communist Youth League branch construction, class collective construction, student organization construction as the basis.The construction of full-time student workers, part-time student workers, student party members and student cadres is the radiation point. We can focus on a series of activities such as themed class meetings and expert forums, and focus on practical activities such as social practice, innovation and entrepreneurship education, targeted support for special groups, fire safety drills and debate competitions, from various angles and all-round aspects based on the construction of student associations, strive to create a student-centered good atmosphere of education, for the growth of students is particularly important.

Build a perfect management system to strengthen the close association between collaboration and conversation in student activities

The daily management of students is the basis of student work and also the guarantee of the overall work of the department. Strengthen the construction of learning management system, effectively carry out standardized organization, complete system, planned and summarized student activities, mobilize students' subjective initiative, strengthen the cooperation and conversation in activities, do service first, all staff guidance, fine management, to provide students with the necessary soil for healthy growth. Counselors should pay attention to the cultivation of students 'comprehensive quality, actively guide them through the means of evaluation, adhere to the principles of justice, fairness and openness, formulate clear and reasonable evaluation rules, carry out personalized guidance according to the different characteristics of different students, and make full use of the evaluation work to cultivate talents.

At the same time, counselors can organize activities to create a relaxed, comfortable and integrated atmosphere in the form of full cooperation and conversation, highlight the autonomy of participation, experience and interaction, pay attention to students' demands accurately, and continuously improve the humanistic quality, ideological and moral level and comprehensive ability of college students. Set a free relaxed atmosphere, and all the students in the form of small group tutoring, friendship-type in-depth talk face to face conversation, through the above activities, the students to master the current thoughts, actions, decision problem,dynamic master students thought, echo students students growing demand, service, accurate to carry out the education work, improve the pertinence and effectiveness of ideological and political work.

Establish long-term development goals, realize meaning construction and promote students' further growth

Meaning construction is the ultimate goal of the whole learning process. Student work should have long-term planning and overall thinking, always clear to cultivate students into what kind of person? In what way are they cultivated? What is the focus of each phase?

For example, the first year of freshman education. Hold freshmen meeting, career planning education lectures, guide students from now on to consciously do a good job in life and career development of the "top-level design", build up confidence, find the right direction. Carry out professional learning education, association for the advancement of a study style construction, insight into dorm, classroom, night lessons learning situation, analysis class, dormitory style of study, to focus on heart-to-heart talks, to carry out the education concept of "overall education, full bred" agriculture, recruiting excellent grades, student of good conduct academic support activities. Carry out mental health education, psychological return visits, group auxiliary activities, autumn and winter sports festivals to help freshmen realize a smooth transition from high school students to college students.

In the sophomore year, the students' comprehensive quality is cultivated and the guide of the students is done well with the colorful student activities as the carrier. Through online meetings, meetings, grade, class meetings, project discussion form, to the socialist core values as the guide, to carry out the college students' career

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planning, outstanding students style show, innovative entrepreneurial guidance, volunteering, patriotic education situation and policy education activities, encouraged the students to learn from side model, to practice, enhance the sense of responsibility and mission.

In the third year, expand the platform for innovation and entrepreneurship based on our professional advantages. It has set up a college students' innovation and entrepreneurship guidance team, built a strong innovation practice platform system, hold science and technology innovation training courses, improve students' innovation ability, and organize students to participate in innovation and entrepreneurship projects such as University Student Challenge Cup and Internet Plus.At the same time, according to different professional basis, to teach students in accordance with their aptitude, the implementation of hierarchical training ideas, for different groups, around different needs for students to hold all kinds of lectures, reports, for students to build graduate entrance examination abroad, employment guidance, competition guidance, paper writing, high-tech enterprise visits and other training and practice platform.

Create a good atmosphere in the fourth year to improve the employment rate and further study rate of college students. By strengthening the foundation, cultivating culture, integrating resources and in-depth docking, a "whole process, all-round and full participation" further education promotion system is constructed. At the same time strengthen guidance, enhance employment service level. Establish the employment work weekly report system, form the employment work weekly record of counselors, track and understand the employment situation of students in real time, so as to achieve "accurate touch and arrange, accurate push and accurate help". Continue to expand the employment channels, summarize and sort out the relevant recruitment units of the major, build a double practice and double career student internship and training system, and provide necessary materials and resources to support the overall growth and meaning construction process of students.

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