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Research on the Path of Infiltrating Chinese Excellent Traditional Culture in Chinese Language Teaching

He Yurong*
Tianfu College of Southwest University of Finance and Economics, Mianyang City,Sichuan Province,China
***Corresponding auhtor, E-mail: 897593475@qq.com**

Abstract:
According to the guiding opinions of the new Chinese curriculum standard issued by the Ministry of Education, the importance of Chinese excellent traditional culture in Chinese language teaching is strongly emphasized. The education of Chinese traditional culture is a key point in Chinese language teaching at all educational stages in China. Integrating the education of Chinese traditional culture into Chinese language teaching not only improves students' traditional cultural literacy but also plays a crucial role in the development of students' core literacy. In the teaching practice of Chinese language, adhering to the basic principle and teaching orientation of cultivating morality and fostering people, guiding students to understand Chinese traditional culture during the process of reading classics, thereby strengthening the awareness of cultural inheritance and enhancing students' cultural confidence.

Keywords:
Excellent Traditional Culture; Chinese Subject; Application

1. Introduction

Chinese excellent traditional culture is a precious wealth accumulated by the Chinese nation throughout its long history. It exists not only in the forms of classic documents and systems but also in various forms such as profound ideological concepts, cultural customs, values, ethical norms, codes of conduct, aesthetic concepts, and social customs. These are all accumulations of the Chinese nation in aspects such as the unique natural environment, economic forms, political structures, and ideologies. China's five-thousand-year civilization has a long and magnificent history. Whether it is the numerous schools of thought in the pre-Qin period or the vast sea of ancient historical records, they are all invaluable cultural heritages. Just as it is said in Zengguang Xianwen: "By observing the past, we can understand the present; without the past, there would be no present." Only by deeply comprehending the thoughts and wisdom of our predecessors, learning and inheriting the excellent achievements of Chinese civilization, can we better grasp the present and think about the future. The inheritance and participation in culture, as one of the core competencies of the Chinese curriculum, are a concentrated manifestation of the educational value of the Chinese subject. They are the correct values,

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essential qualities, and key abilities that students gradually form through subject learning and application. Therefore, in the process of Chinese language teaching, it is necessary to guide students to understand and study Chinese ancient cultural classics, comprehend the humanistic spirit contained therein, and on the basis of comprehensively grasping the ideological connotations of the works, further deepen their understanding of traditional culture and enhance their cultural confidence through means such as extended reading, communication, discussion, inquiry, and free creation.

2. The Necessity of Inheriting Chinese Excellent Traditional Culture in Chinese Language Teaching

2.1 Cultivating Cultural Confidence

One of the reasons why Chinese excellent traditional culture has endured for thousands of years is its powerful spiritual guiding force in education. Confucius taught in The Analects that people should reflect on themselves deeply every day, not be slack, and learn from those around them who are more excellent, absorbing their strengths and advantages. These great thoughts have nourished our hearts for thousands of years and have made important contributions to the social development of our country. They not only establish the mind for heaven and earth, ensure the livelihood of the people, carry on the lost teachings of the sages, and create peace for all future generations but also have been an important force influencing the development of Chinese culture. The great history and spiritual heritage of the Chinese nation provide us with a heart full of hope. Chinese excellent traditional culture has been passed down continuously, and many cultural classics are still the supreme guidelines for people's actions today. In the face of the collision of world cultures, from the moral education of the people to social public governance and national governance, we still need to draw experience from thousands of years of ancient Chinese culture to guide our actions. In addition, traditional culture represented by Confucianism has profoundly influenced the cultural development of many countries in Southeast Asia, Central Asia, and other regions. Chinese excellent traditional culture has strong vitality and confidence, which can help us enhance our cultural confidence. However, we should not simply accept all cultures but carefully examine them. More specifically, we should conduct a scientific analysis of our national culture, inherit and carry forward its beneficial components, and resist and eliminate its negative influences. We should take the essence of it as our guiding principle instead of completely accepting or rejecting it. We should not regard history and culture as nothingness but cherish them, neither despise them nor be arrogant. The culture of a country is the foundation of the country, which determines its prosperity. Therefore, we should uphold the spirit of magnanimity and benevolence and take this spirit as our responsibility to strive to promote the progress of Chinese civilization. In this process, we should actively absorb advanced foreign ideas and apply them locally to better meet the current needs. By deeply promoting cultural exchanges, we can enhance national cohesion, boost national pride, and provide a more solid cultural foundation for the Chinese nation.

2.2 Improving Moral Qualities and Personality Cultivation

China's ancient traditional civilization has always attached great importance to the individual's moral character. It can not only help us better pursue our own goals but also inspire us to strive for a better future. The

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saying in The Great Learning: "The way of great learning lies in manifesting the bright virtue, loving the people, and stopping at the highest good" precisely illustrates that we should strive for a better future and cultivate a more sound personality to achieve greater success. With the changes of the times, China's ancient culture and historical accumulation have become a precious wealth of contemporary society. It not only converges thousands of years of history but also reflects the changes of the current era. It not only represents a new set of values but has also become the core values of the current era. Nowadays, many students can only obtain cultural nourishment from comics and movies, ignoring the most important things. This environment makes it difficult for them to embrace the true cultural spirit, affecting their mental health and preventing them from truly experiencing a real sense of "harmony" and "peace". The study of traditional culture is not achieved overnight but requires a long and in-depth process. Simply reading a few classical poems and ancient essays is far from enough. If one wants to achieve a spiritual improvement, one needs to persevere and immerse oneself in it. Confucianism in China's ancient civilization is a foundation, emphasizing the relationship between people and society and pursuing equality, unity, and stability. Although this civilization is facing great changes in contemporary China, it is still a very valuable asset for us. Studying Chinese ancient civilization can help us understand Chinese civilization and cultivate our good qualities.

3. The Feasibility of Infiltrating Chinese Excellent Traditional Culture in Chinese Language Teaching

3.1 Chinese Language Teaching is an Important Way to Inherit Chinese Excellent Traditional Culture

To truly understand and carry forward our ancient traditions, we must grasp their essence, that is, the norms, theories, order, and beliefs contained in them. Professor Liu Mengxi once pointed out that when we see a bronze ware, a set of chimes, an ancient building, or an ancient village, we may mistakenly think that it represents our history, but in fact, it only represents our beliefs and theories, not just these. Therefore, we should grasp the essence of the ancient traditions to continue to carry them forward. The most effective and important way to truly appreciate the essence of "rules, ideas, order, and beliefs" is to deeply read classical documents, grasp their ideological connotations, and understand their profound meanings. Guide students to "absorb ideological nourishment" from ancient poems and essays to "better understand Chinese traditional ideology and culture". Chinese excellent traditional culture is an important part of shaping students' healthy personalities, and cultural inheritance and participation are one of the important teaching responsibilities of Chinese language teaching, which is a long and arduous task. However, currently, there are still some challenges in Chinese language teaching. For example, the influence of Chinese traditional culture in this field is not strong enough, and people's understanding of it is relatively weak. With the gradual acceleration of the process of global integration, traditional culture should take this opportunity to do a good job in publicity in schools, give full play to the value of traditional culture, and better integrate Chinese excellent traditional culture into Chinese language teaching, thus helping to improve Chinese language teaching.

3.2 Chinese Excellent Traditional Culture is a Precious Resource for Chinese Language Teaching

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In recent years, the compilers of Chinese language textbooks have been committed to combining Chinese traditional culture with improving students' core literacy. Through efforts such as the organization of teaching content, the selection of texts, the use of tutoring resources, and the arrangement of exercises, they hope to make the Chinese language curriculum truly a comprehensive course to help students establish correct moral concepts, values, and codes of conduct. Through the elaboration of Chinese excellent traditional culture, students can better understand the profound thoughts, rich humanistic connotations, and strict moral norms contained in it. In Chinese language textbooks, many ancient works revolve around a specific character. They not only describe the history of that time but also show the ideological concepts of that era. For example, Zhu Zhiwu Persuades the King of Qin to Retreat His Troops shows the enthusiasm of Zhu Zhiwu, and Jing Ke Assassinating the King of Qin describes a brave knight and also reflects the emphasis on honesty and trustworthiness in society at that time. Although Jing Ke knew that his action was hopeless, he still adhered to the promise in "faith and righteousness" and finally successfully completed the mission entrusted to him by Prince Dan. The King of Liang Hui Asks Mencius reflects the core concept of Confucianism in ancient China: based on benevolence, pursuing harmony and equality, opposing war, advocating the self-esteem of the people, and respecting the monarch; On the Fall of the Qin Dynasty emphasizes the importance of implementing benevolent governance from the short history of the Qin Dynasty. The Feast at Hongmen takes the personal characteristics of Liu Bang and Xiang Yu as examples and profoundly expounds an important truth: only those who are good at listening to the suggestions of others can achieve great success; those who are stubborn and self-righteous will inevitably fail even if they have strong strength. In the chapter Lin Daiyu Enters the Jia Mansion, the author not only describes the etiquette and family affection when Lin Daiyu enters the Jia Mansion but also shows the traditional Chinese architecture and family decoration through her perspective. In addition to classical literary works, there are also many excellent contemporary literary works, such as Border Town, which depicts the daily life of a small town and also shows the touching family affection between Grandpa and Cuicui. In order to enable learners to better understand and master our excellent traditional culture, teachers should incorporate these precious emotions and qualities into their works and help students better understand and recognize them through in-depth ideological discussions. At the same time, teachers should also encourage students to actively participate in classroom practical activities and seriously think about how to cultivate their moral qualities through reading and practice.

4. The Paths of Infiltrating Chinese Excellent Traditional Culture in Chinese Language Teaching

4.1 Combining Teaching Content to Inherit Chinese Excellent Traditional Culture

A Dream of Red Mansions is a work full of cultural connotations, involving poetry, music, painting, calligraphy, lantern riddles, acrobatics, drinking games, flowers, garden architecture, clothing, medicine, and diet, etc., and each aspect is depicted vividly and in detail. Chinese culture is deeply rooted in our nation and is the foundation of the development of our civilization. If we do not understand and respect it, it will be like a plant without roots and unable to continue to thrive. This requires us, for example, in Chinese language classroom teaching, to give full play to its humanistic nature, achieve the effect of "moistening things subtly", and integrate these excellent cultures into the classroom. In order to truly present our traditional excellent culture

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to students, for example, by exploring The Feast at Hongmen, we can clearly understand how to arrange the seating and further explore the ancient etiquette norms. Through this method, we can have a comprehensive understanding of the ancient etiquette norms. On the other hand, teachers can help students think and discuss through guidance and encouragement, so as to better understand and apply these ancient classic masterpieces. In this way, it can not only help them better understand and use these ancient texts but also enable them to better feel and comprehend Chinese traditional culture. The characters and qualities of these historical figures fully reflect the various values formed and passed down through generations of the Chinese nation. It is precisely these senses of responsibility and the spirit of dedication that shape the national spirit of the Chinese nation.

4.2 Designing Extracurricular Practical Activities to Promote Chinese Excellent Traditional Culture

Carrying out comprehensive Chinese language practical activities is a broad platform that helps students give full play to their subjective initiative. Students can organize activities by themselves, thus exercising their abilities of active exploration and independent learning, and it also provides a good way for students to improve their skills in recitation, writing, and oral expression. Firstly, activities of reciting classic ancient poems can be carried out to increase students' aesthetic experiences. Chinese ancient poems are diverse and rich. Teachers should guide students to selectively organize and recite them, and give students certain selection criteria, which can be that the language style characteristics are more prominent or the emotional expressions are similar, and students can make analogies or comparative appreciations and recitations. We can also use network programs and school-based resources to establish online recitation groups at the grade or class level, upload and share students' recitation audio and video, and conduct online exchanges. Design from specific aspects such as sound and emotion, what is within the words and what is beyond the words, poetic charm and music, and poetic sentiment and painting. When reciting Duangexing, it can be accompanied by the Konghou piece Night Rain at the Banana Window, and when reciting A Dream Journey to Tianmu Mountain, it can be accompanied by the ancient pieces Three Variations on Plum Blossom or Guangling San, etc. Poetry is an art that combines musical beauty, painting beauty, and architectural beauty. Students can not only appreciate the beauty of the words but also experience the beauty of the rhythm. Secondly, with the theme of "Deeply Understanding Chinese Excellent Traditional Culture", students can deepen their understanding of some important concepts in traditional culture through recitation, understanding, independent reflection, discussion, and communication, deeply think about the ideological concepts behind historical records, and explore the internal logic of historical events. The thoughts of the pre-Qin philosophers are still widely valued today, and some of them have even become the ideological foundation of the Chinese people and unique imprints of the Chinese people's worldviews and values. Ancient history is still being continuously interpreted and commented on, becoming an important source of wisdom and an important reference for the behavior patterns of contemporary Chinese people. Teachers can use Zhu Zhiwu Persuades the King of Qin to Retreat His Troops as a basis to discuss the issue of "ritual" and introduce some relevant materials about "ritual". By organizing traditional culture knowledge competitions and other activities, we can stimulate students' interest in traditional culture.

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4.3 Mining Festival Resources to Comprehend Chinese Traditional Culture

China's traditional customs contain the wisdom and enthusiasm of the Chinese nation accumulated over thousands of years. They not only reflect the historical origin of the Chinese nation but also contain the light of the wisdom of the Chinese nation. They not only provide strong support for the development of the country, the integration of the nation, and social stability but also have become the cornerstone of building the great rejuvenation of the Chinese nation. Therefore, teachers should integrate these festival cultural elements into classroom courses. By using local traditional culture and customs, mining the available festival resources in the local area, and also using festival activities with profound significance such as the Dragon Boat Festival, Qingming Festival, Mid-Autumn Festival, and Spring Festival, students can deeply understand and carry forward the spirit and values of the Chinese nation, stimulate their enthusiasm and sense of responsibility, and cultivate their spirit of loving and respecting their ancestors. For example, by understanding the customs of pasting Spring Festival couplets and setting off firecrackers during the Spring Festival, students can experience the Chinese tradition of "being cautious in the end and cherishing the memory of the past"; by experiencing the traditional customs of sacrifice and tomb-sweeping during the Qingming Festival, students can experience the Chinese tradition of expressing condolences; by experiencing the customs of admiring the moon and eating mooncakes during the Mid-Autumn Festival, students can experience the Chinese tradition of yearning for the distant. Overall, integrating the spirit and history of the Chinese nation into the classroom can not only promote the nation's history but also improve the quality of the classroom. With the joint efforts of all parties, this integration will become more deeply rooted in people's hearts.

5. Conclusion

In conclusion, Chinese traditional culture is extensive and profound, with a long history. It is the inexhaustible driving force for the continuous development of Chinese civilization for thousands of years and a solid support for building the cultural confidence of socialism with Chinese characteristics. In the process of thousands of years of historical development, we have encountered countless difficulties and obstacles, but we still adhere to the path of pursuing hope, truth, and progress. In order to promote the development of the Chinese nation, we must uphold the concepts of perseverance, inclusiveness, and the courage to explore, and actively promote and develop Chinese excellent traditional culture. As Chinese language teachers, we should combine rich teaching resources to guide students from the classroom to extracurricular activities, from theory to practice, and comprehensively inherit and carry forward Chinese excellent traditional culture.

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